



CACFP Annual Training



**CHILD CARE
PARTNERSHIP**
Families | Communities | Providers



Welcome

- Introductions
- Break
- Please make sure you put your first and last name in the chat box
- What are you looking forward to doing this spring?



Housekeeping

- Please keep your microphone muted unless speaking to cut down on background feedback
- Please use the raise hand feature in Zoom or type your question in the chat box
- We encourage cameras on to promote engagement but please be aware of activities happening around you that may be distracting to the instructors and other participants.
- Please also feel free to turn off your camera if you are having any bandwidth issues.
- Please make sure to respect the confidentiality of children and families that you work with. If you have a very specific question, please follow up with your monitor.



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Meal Patterns- Helpful Resources



CACFP Child Meal Pattern

Must serve the required components and serving sizes

Breakfast				
Must serve milk, vegetable or fruit, and either a grain or meat/meat alternate				
Meal Components and Food Items	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18
Lunch and Supper				
All five components required for a reimbursable meal				
Meal Components and Food Items	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18
Snack				
Must serve 2 of the 5 components. Only 1 of the 2 components may be a beverage.				
Meal Components and Food Items	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18

The chart below is a guide for commonly served grain items. The amount listed under each age group must be served to meet the ounce equivalent (oz eq) grain requirement. Amounts are based on the weight of the grain item in grams (g). The required serving sizes are for breakfast, lunch, supper, and snack.

Required Amounts:
 1-5 year old = 1/2 oz eq
 6-18 year old = 1 oz eq

Grain Item and Size	1-5 year old	6-18 year old
	Serve at least 1/2 oz eq which is about...	Serve at least 1 oz eq which is about...
Bagel (~ 4" diameter)	1/4 bagel or 14 g	1/2 bagel or 28 g

Breakfast

BREAKFAST

Serve Milk, Vegetable or Fruit, Grain*

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup
Vegetable, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grain*	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq

** Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
oz eq = ounce equivalents*

- Eggs and Yogurt are great meat alternates to serve at breakfast
 - Eggs- 1/2 oz eq or 1/4 of an egg (1-5 year olds)
 - Yogurt- 1/2 oz eq or 1/2 cup (1-5 year olds)
- Breakfast Meats= maybe creditable

Cereal

Ages
1-2

Ages
3-5

Ages
6-12

Ready-to-eat breakfast cereal (dry, cold)

Flakes or rounds

Puffed cereal

Granola

$\frac{1}{2}$ cup

$\frac{1}{2}$ cup

1 cup

$\frac{3}{4}$ cup

$\frac{3}{4}$ cup

1 $\frac{1}{4}$ cup

$\frac{1}{8}$ cup

$\frac{1}{8}$ cup

$\frac{1}{4}$ cup



Updated Sugar Requirements- Cereal

- All breakfast cereals in the CACFP may contain no more than 6 grams of **added sugar**.

Serving Size	Added Sugars	Serving Size	Added Sugars
If the serving size is:	Added sugars must not be more than:	If the serving size is:	Added sugars must not be more than:
0–2 grams	0 grams	50–54 grams	11 grams
3–7 grams	1 gram	55–58 grams	12 grams
8–11 grams	2 grams	59–63 grams	13 grams
12–16 grams	3 grams	64–68 grams	14 grams
17–21 grams	4 grams	69–73 grams	15 grams
22–25 grams	5 grams	74–77 grams	16 grams
26–30 grams	6 grams	78–82 grams	17 grams
31–35 grams	7 grams	83–87 grams	18 grams
36–40 grams	8 grams	88–91 grams	19 grams
41–44 grams	9 grams	92–96 grams	20 grams
45–49 grams	10 grams	97–100 grams	21 grams



Lunch/ Supper

LUNCH / SUPPER

Serve All Five Components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup*
Vegetable	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternate	1 oz	1 1/2 oz	2 oz	2 oz
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq

** A serving of milk is not required at supper meals for adults.
oz eq = ounce equivalents*

Milk Guidance



Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

Child and Adult Care Food Program Milk Requirements



**Newborn through
11 Months**

Breastmilk or Iron-Fortified
Infant Formula



**12 Months through
23 Months**

Unflavored
Whole Milk



**2 Years through
5 Years**

Unflavored Fat-Free or
Low-Fat (1%) Milk



**6 Years
and Older**

Unflavored or
Flavored Fat-Free or
Low-Fat (1%) Milk

Breastmilk is creditable at any age

Serving Sizes of Milk

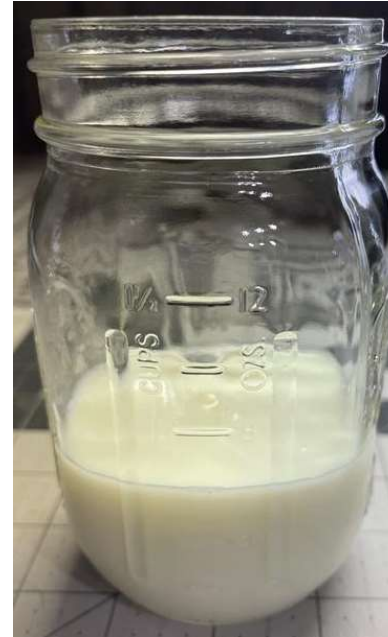


Regular Pint
Mason Jar



4 oz of Milk

- Breakfast 1-2 year olds
- Lunch 1-2 year olds
- Snack 1-5 year olds



6 oz of Milk

- Breakfast 3-5 year olds
- Lunch 3-5 year olds



8 oz of Milk

- Breakfast 6-12 year olds
- Lunch 6-12 year olds
- Snack 6-12 year olds



Milk Transitions

- 12 to 13 months
 - Breastmilk
 - Formula
 - Whole Milk
- This transition can not start until the child turns 1 year old.
- 24 to 25 months
 - Whole Milk
 - 2% Milk
 - 1% Milk
 - Skim
- This transition can not start until the child turns 2 years old.

Creditable Milk Options

- Lactose free follows the same rules as cows milk.
 - Whole for 1 year olds
 - 1% or Skim for 2 and up



Creditable Non-Dairy Beverages

Unflavored Options	Image of Product
8th Continent Original Soymilk	
Great Value Original Soymilk	
Kikkoman Pearl Organic Soymilk Smart Original <i>8oz container ONLY</i>	
Ripple On-the-Go Original (non-soy) <i>8oz container ONLY</i>	
Pacific Ultra Soy Original	
Silk Original Soymilk	
Sunrich Naturals Organic Original Soymilk	
Westsoy Original Plus Plain Soymilk	

Flavored Options*	Image of Product
8th Continent Vanilla Soymilk	
Kikkoman Pearl Organic Soymilk Smart Creamy Vanilla and Creamy Chocolate <i>8oz container ONLY</i>	
Ripple On-the-Go Chocolate or Vanilla (non-soy) <i>8oz container ONLY</i>	
Silk Chocolate Soymilk or Very Vanilla Soymilk <i>8oz container ONLY</i>	
Sunrich Naturals Organic Vanilla Soymilk <i>32oz and 8oz containers</i>	
Westsoy Original Plus Vanilla Soymilk	

*Flavored Non-Dairy Beverages may only be served to children 6 years and older and adults



Creditable Milk Options

- Requires a parent note stating:
 - Request the preference for a creditable non- dairy beverage or lactose free
 - Provider supplied or Parent supplied
- Please send a copy to your monitor
- Reminder: Oat, Almond, Rice and Coconut milks are not creditable and can only be served with special diet medical statement and medical need.



Vegetables and Fruit

- Both are required to be served at lunch/supper
- 2nd veggie can be served in place of the fruit
- 100% fruit juice can be served full strength once per day to meet the fruit or vegetable requirement
- Add variety to your fruits and veggies
 - Fresh, Frozen, Canned and Dried are all creditable



Meat and Meat Alternatives

- All options but all have specific rules to keep in mind
 - Cheese
 - Lunch Meat
 - Eggs
 - Peanut and Nut Butters
 - Yogurt
 - Hot Dogs
 - Sausage
 - Chicken Nuggets/Fish Sticks/ Corn Dogs
 - CN Labeled Products

Cheese

Deluxe Slices- American Cheese (174)

- Please only claim Deluxe Slices- American Cheese if you are using American cheese.
- If you claim Deluxe Slices- American Cheese, your monitor will ask to see your cheese on hand and it must have the label.
- If you run out, please keep the label until you purchase more.



Cheese

- If this is the type of cheese you use in your program, please use one of the KidKare food items below.



Cheese; hard (161)

Cheese; soft (167)



Cheese Slices- Cheddar, Mozzarella, Co-Jack, Provolone (066)▼










Cheese

- Serving size of cheese at Lunch/ Supper is 1 ½ oz eq. (3-5 year old)
- Shredded
 - 3/8 cup
- Slices
 - 10 slices in a 8 oz package
 - Each slice is .8 of ounce
 - 2 slices of cheese is required to meet the 1 ½ oz eq.



Cheese

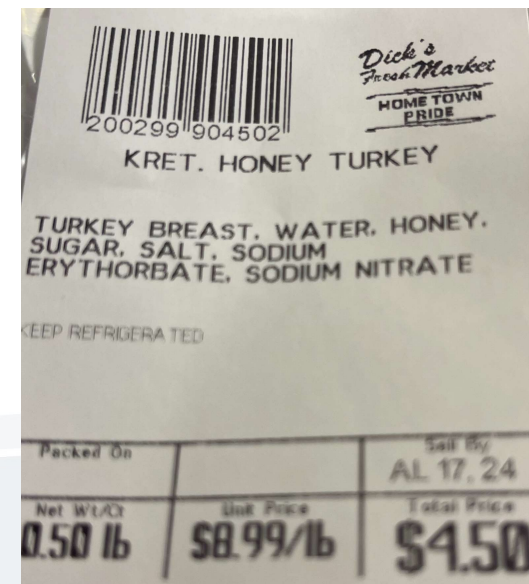


NON-CREDITABLE		
<p>Cheese labeled:</p> <ul style="list-style-type: none"> • Imitation Cheese • Velveeta • Powdered cheese (boxed macaroni and cheese) • Cheese Product (contains <51% cheese) • Cream / Neufchatel Cheese 		
  	<p>Cheese sauces are not creditable unless a Child Nutrition (CN) Label or Product Formulation Statement (PFS) is on file to specify how it meets meal pattern requirements.**</p>  	
  	 	<p>**Refer to Crediting Store-bought Combination Foods for more information.</p>

https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/creditable_noncreditable_cheese.pdf

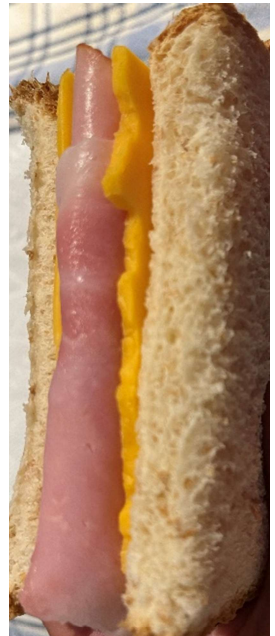
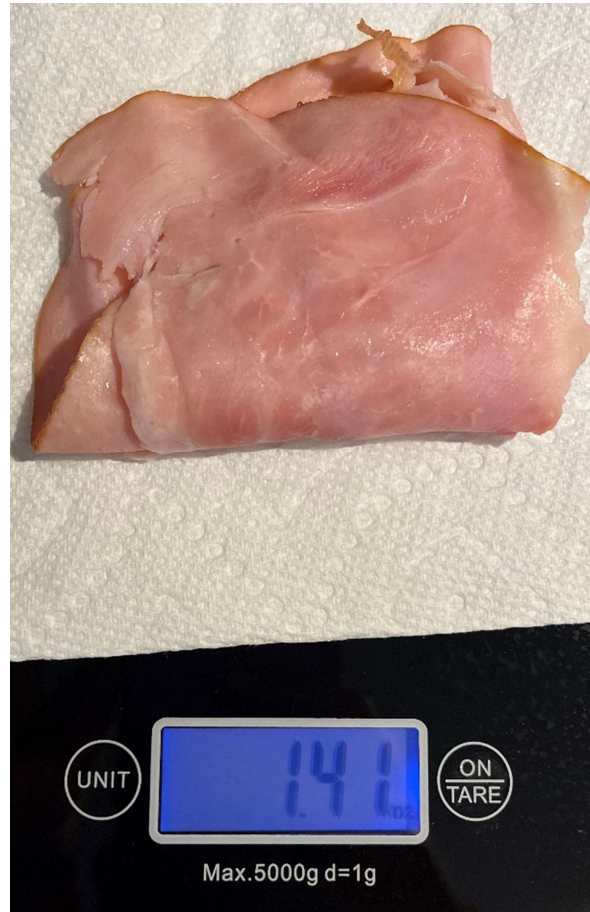
Lunch Meat

- Lunch meat needs to be 100% meat.
- Even when lunch meat is 100% meat there is added water which requires a larger portion to meet the minimum serving.
- According the USDA Food Buying guide, 1.4 oz serving of lunch meat is equal to 1 oz of lunch meat.
- 3-5 year old serving size
 - 1 ½ oz eq
 - 2.1 serving size of lunch meat
- All lunch meat must have the ingredients listed and monitors will ask to see them.
- If you purchase deli meat and ingredients are not listed on the printed label, you need to ask to see the ingredient label and take a picture for your records.

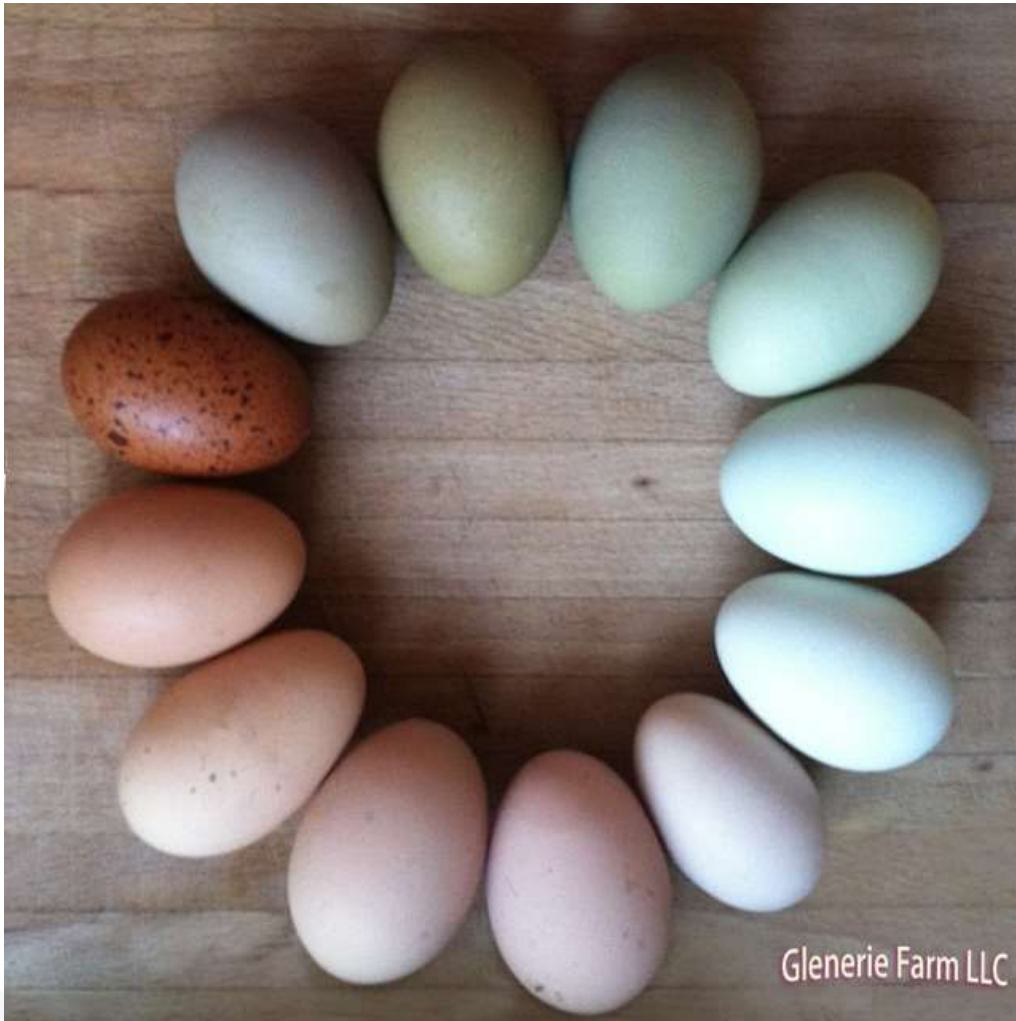


Lunch Meat

- Lunch Meat Sandwich Example
 - 3-5 year old
 - 1 ½ oz eq of meat/meat alternative
- 1.4 oz of deli ham
- 1 slice of Colby Jack cheese (.8 oz)
 - Total of 2.2 oz which exceeds the 1 ½ oz eq



Eggs



- Eggs are a great meat/ meat alternate at lunch/ supper
- Serving ideas:
 - Hard Boiled
 - Scrambled
- Remember if you use farm fresh eggs in your program, make sure that is listed in your parent handbook or posted on your bulletin board
 - Parent signatures are no longer required

Peanut and Nut Butters

- Peanut, soy nut butter or other nut and seed butters are creditable
- Serving Size
 - 3-5 year old- 1 ½ oz eq
 - 3 Tablespoons
- Remember that peanut and nut butters can be a choking hazard.

3-5 Year Olds

Required Amounts:

3 Tbsp. PB (1 ½ oz m/ma)

½ slice bread
(min amt)



1 slice bread (2 grain servings)



Updated Sugar Requirements- Yogurt

All Yogurt served in the CACFP must contain no more than 12 grams of **added sugars** per 6 oz.

Serving Size Ounces (oz)	Serving Size Grams (g) (Use when the serving size is not listed in ounces)	Added Sugars Grams (g)	Serving Size Ounces (oz)	Serving Size Grams (g) (Use when the serving size is not listed in ounces)	Added Sugars Grams (g)
If the serving size is:	If the serving size is:	Added sugars must not be more than:	If the serving size is:	If the serving size is:	Added sugars must not be more than:
1 oz	28 g	2 g	4.75 oz	135 g	9 g
1.25 oz	35 g	2 g	5 oz	142 g	10 g
1.5 oz	43 g	3 g	5.25 oz	149 g	10 g
1.75 oz	50 g	3 g	5.3 oz	150 g	10 g
2 oz	57 g	4 g	5.5 oz	156 g	11 g
2.25 oz	64 g	4 g	5.75 oz	163 g	11 g
2.5 oz	71 g	5 g	6 oz	170 g	12 g
2.75 oz	78 g	5 g	6.25 oz	177 g	12 g
3 oz	85 g	6 g	6.5 oz	184 g	13 g
3.25 oz	92 g	6 g	6.75 oz	191 g	13 g
3.5 oz	99 g	7 g	7 oz	198 g	14 g
3.75 oz	106 g	7 g	7.25 oz	206 g	14 g
4 oz	113 g	8 g	7.5 oz	213 g	15 g
4.25 oz	120 g	8 g	7.75 oz	220 g	15 g
4.5 oz	128 g	9 g	8 oz	227 g	16 g

Hot Dogs

- Make sure your hot dogs are 100% meat with no fillers.
- Your monitor will ask to see the label.



Sausage

- All Creditable if they are 100% meat
 - Check the ingredients the same way you would for hot dogs
- Serving Size (3-5 year old)
 - 1 ½ ounce cooked
- Examples include
 - Ring Sausage
 - Sausage Links
 - Breakfast Sausage
 - Bulk Sausage
- Your monitors will ask to see the label



Ingredients

Beef, Water, Corn Syrup, Contains 2% Or Less: Dextrose, Dried Beef Broth, Natural Flavor, Salt, Sodium Erythorbate, Sodium Nitrite, Sodium Phosphates, Spice. Made With Beef Collagen Casing.



Processed Meat/ Meat Alternates

- Any Lunch Meat, Hot Dogs Sausage that contains any of the following is not creditable without a Child Nutrition Label or Product Formulation Statement.
- Remember we ignore anything listed after the statement “Contains 2% or less:

Binders/Extenders

- Carrageenan
- Cellulose
- Gelatin
- Hydrolyzed oat flour
- Hydrolyzed milk protein
- Modified food & vegetable starch

- Nonfat dry milk
- Plant proteins
- Soy flour
- Soy protein isolate
- Soy protein concentrate
- Starch

- Starchy vegetable flour
- Texturized vegetable protein (TVP)
- Wheat gluten
- Whey
- Whey protein concentrate

Byproducts

- Glands
- Hearts
- Other organ meats

Fillers

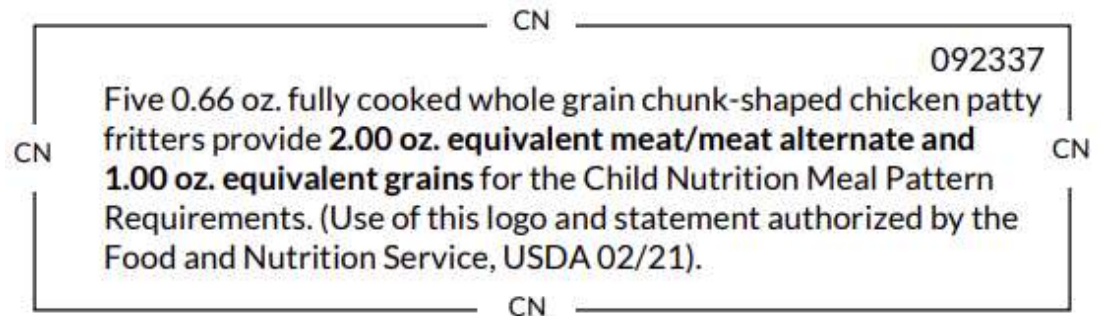
- Breadcrumbs
- Cereals
- Vegetables

Cereals

- Barley
- Corn
- Oats
- Rice
- Wheat

CN Labels

- CN labels are required for store bought
 - Chicken nuggets
 - Ravioli
 - Salisbury Steak
 - Meatballs
 - Fish Sticks
 - Cheese Sauce
- If you make these products homemade you only need your standardized recipe
- Click the link or scan the QR code for a great resource from DPI on CN labels
 - <https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/cnlabelhandout.pdf>



CN Labels



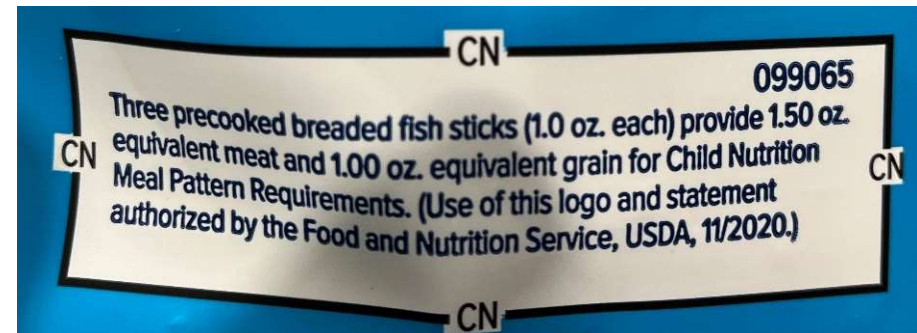
- CN labels need to be updated yearly
- Most products you buy at your regular grocery store do not have CN labels.



- This package **DOES NOT** tell us what we need know to count these chicken nuggets in the CACFP!

CN Labels

- Serving Side
 - 3-5 year old- 1 ½ oz eq
- Each child would need to have 3 fish sticks prepared
- 1.00 oz eq grains
 - This means that this can be counted for the grain component and counts as a whole grain.
 - If the word enriched was included, it would be a creditable grain but not a whole grain.
 - Many products do not have enough grain product to be counted as the grain.



Product Formulation Statement

Many of the products we purchase in the grocery store are not CN labeled, which mean we need to use a product formulation statement (PFS).



Tyson

Tyson Product Formulation Statement

Product Name: Fully Cooked Chicken Nuggets

Code No: 10000048435

Manufacturer: Tyson Foods, INC

Case/Pack/Count/Portion/Size: 35.2 LB / 7 (0.68 oz.) Piece

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

	Description of Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield	Creditable Amount *
Chicken	BONELESS CHICKEN W/SKIN IN NATURAL PROPORTION	0.4311614		0.70	0.30181298
Total					0.30181298

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information

Total weight (per portion) of product as purchased 4.76 oz.

Total creditable amount of product (per portion) 2.00 oz.

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 4.76 ounce serving of the above product (ready for serving) contains 2.00 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Tammy Roughton

Signature

Nutrition Specialist

Title

Tammy Roughton

Printed Name

6/21/2023

Date

childnutrition@tyson.com / (479)290-4941

Email / Phone Number

Product Formula Statement

- The PFS states that food items need to “ready to serve” which means you need to prepare the item before weighing.
- Using a food scale, continue to add nuggets until you get to 4.76 which is the minimum we need to get to 2 oz eq. This equals out to be 7 chicken nuggets.
- The PFS doesn't not state anything about grains so another grain item would need to be served .
- Serving Size
 - 3- 5 year old (1 ½ oz eq)
 - 6 chicken nuggets would be need to prepared





CN Labels and Product Formulation Statements

- CN items in KidKare will be followed with words “needs approval”
 - This means that you need to have a conversation with your monitor before serving that item to make sure you have appropriate documentation
 - Claiming CN label food with out appropriate documentation will result in meals being disallowed

Chicken; commercially breaded CN Label- Needs Approval ▼
(107)

If you don't have a CN Label

- Serve an alternate protein and CLAIM the alternate protein.
- Even if you serve meals pre-plated, your alternate protein can be served family style.
- Reach out to your monitor if you have questions



Snack

SNACK

Select Two of the Five Components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	1/2 cup	1 cup	1 cup
Vegetable	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternate	1/2 oz	1/2 oz	1 oz	1 oz
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	1 oz eq

oz eq = ounce equivalents

- Only 1 of the 2 components can be a beverage

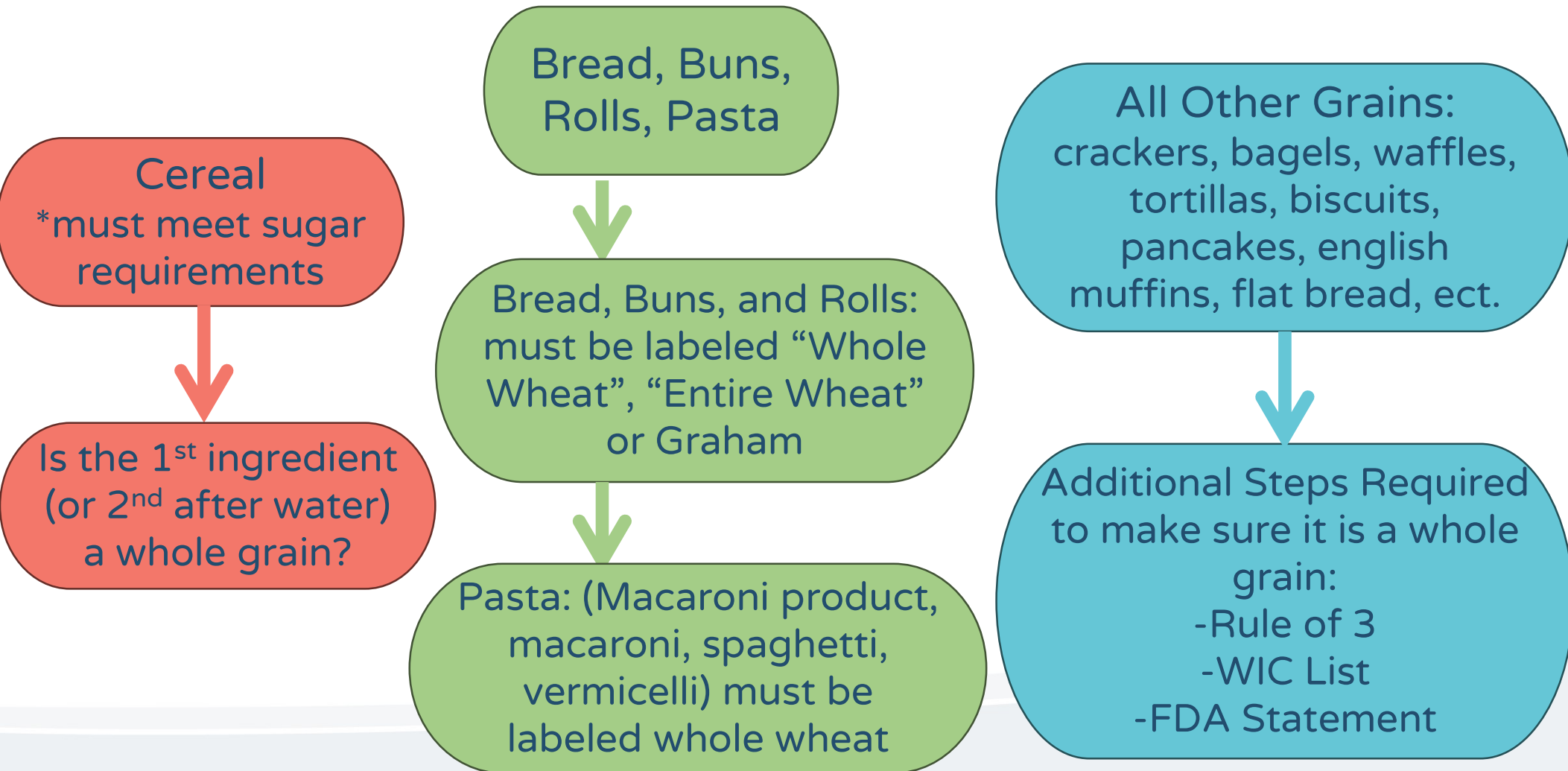


Grains

- Must be whole grain rich, enriched, or fortified
- At least one serving must be whole grain rich
 - If you only serve one meal or snack in a day, your whole grain must be served
- Grain Based Desserts are not creditable
- Homemade items such as bread and muffins need to have a standardized recipe
- Grains are measured in ounce equivalents
- Make sure to correctly document your whole grain rich item. If it is not documented, we have to assume it was not a whole grain

Whole Grains- Start Here

- Is the Food Item Whole Grain Rich



Bread, Buns, Rolls and Pasta

- Food is labeled Whole Wheat and meets the FDA's standard of identity
- Only for Bread, Buns, Rolls and Pasta
- Common examples
 - 100% Whole Wheat Bread
 - Whole Wheat Penne
 - 100% Whole Wheat Bun



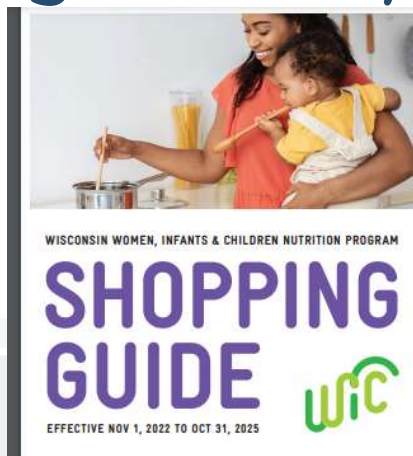


All Other Grain Items

- Crackers
- Bagels
- Waffles
- Tortillas
- Biscuits
- Pancakes
- English Muffins
- Flat Bread
- Additional Steps to determine if it is a whole grain
 - Rule of 3
 - WIC List
 - FDA Statement
 - Standardized Recipe
 - Manufacturer Documentation (Product Formulation Statement)
 - Meets the Whole Grain- Rich Criteria under the NSLP

WIC List

- Can use any state agency's WIC list to identify whole grains
- All cereals listed will meet the **Sugar** requirements but are not all **Whole Grain Rich**
- Lots of great picture examples
- Ignore any package size directions



TORTILLAS/WRAPS

BUY:

16 oz (1lb) package only

- White or yellow soft corn
- 100% whole wheat

Only the following brands are allowed:



100% Whole wheat:

Best Choice	Frescos	Market Pantry
Bucky Badger	Great Value	Mission
Chi-Chi's	Hy-Vee	Ortega
Don Pancho	IGA	Our Family
Essential Everyday	Kroger	Tio Santi
Food Club	La Banderita	



FDA Statement

- One of the following FDA statements is included on the labeling:
 - “Diets rich in whole grains foods and other plant food and low in total fat, saturated fat and cholesterol may reduce the risk of heart disease and some cancers.”
 - “Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol, may help reduce the risk of heart disease.”



Rule of 3

- Most common method for all other grain items besides cereal, breads, buns and pasta
- Complex and Time Consuming
- Be aware that ingredient lists change
- Flow chart is located in your Reference Guide

Rule of 3

Country Hearth 100% Whole Wheat English Muffins

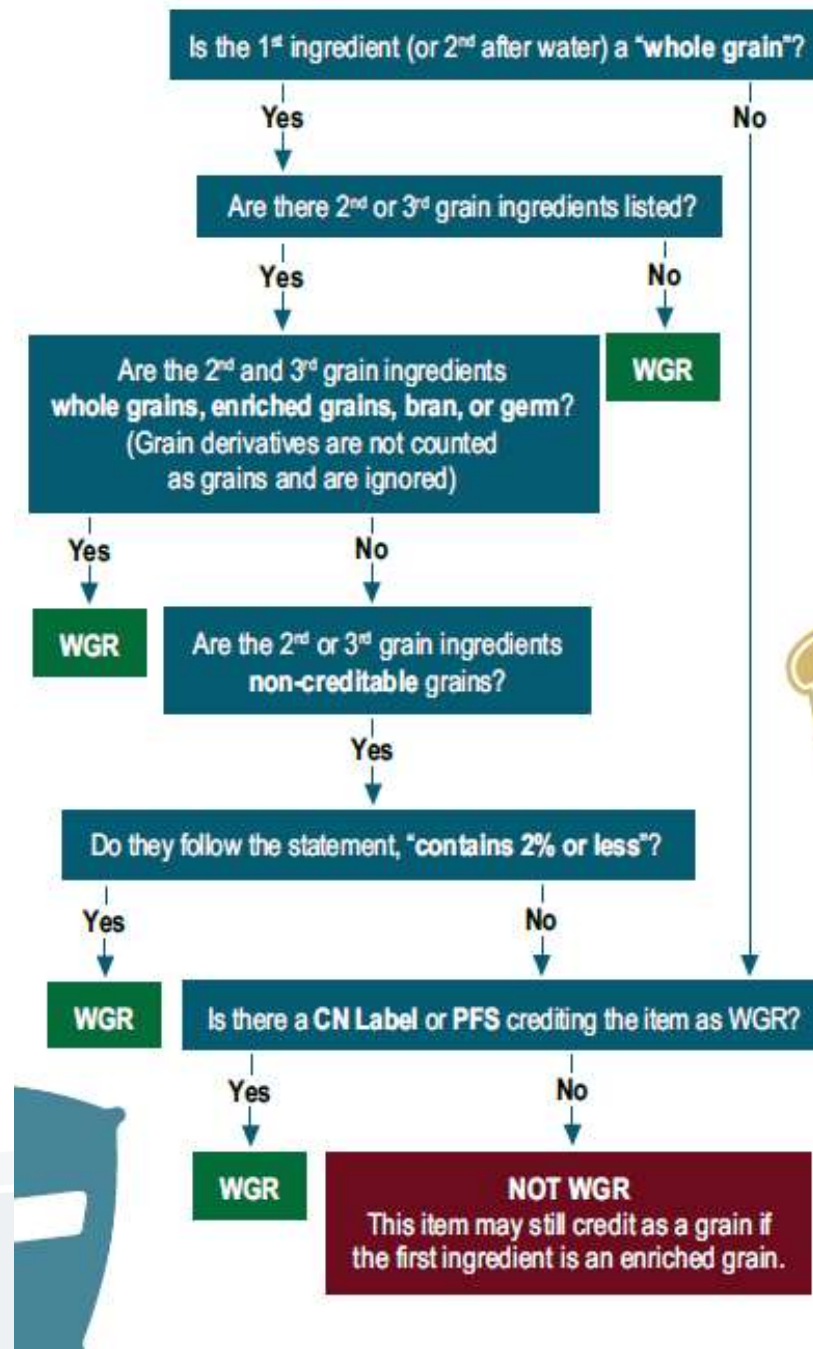
WGR- Claim as a Whole Grain English Muffin



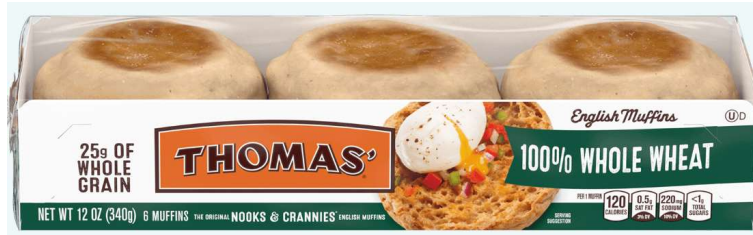
INGREDIENTS: WATER, **WHOLE WHEAT FLOUR**, YEAST, HONEY, CONTAINS LESS THAN 2% OF: WHEAT GLUTEN, CORNMEAL, DEXTROSE, CALCIUM PROPIONATE, SUGARCANE MOLASSES, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), DISTILLED VINEGAR, NON-GMO SOYBEAN OIL, FUMARIC ACID, HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, PROPIONIC ACID, PHOSPHORIC ACID, CALCIUM SULFATE, ASCORBIC ACID, ENZYMES, CALCIUM PHOSPHATE, POTASSIUM SORBATE, MINERAL OIL (PROCESSING AID).
CONTAINS: WHEAT.

Rule of Three

Use the grains list at right when using this flowchart.



Rule of 3



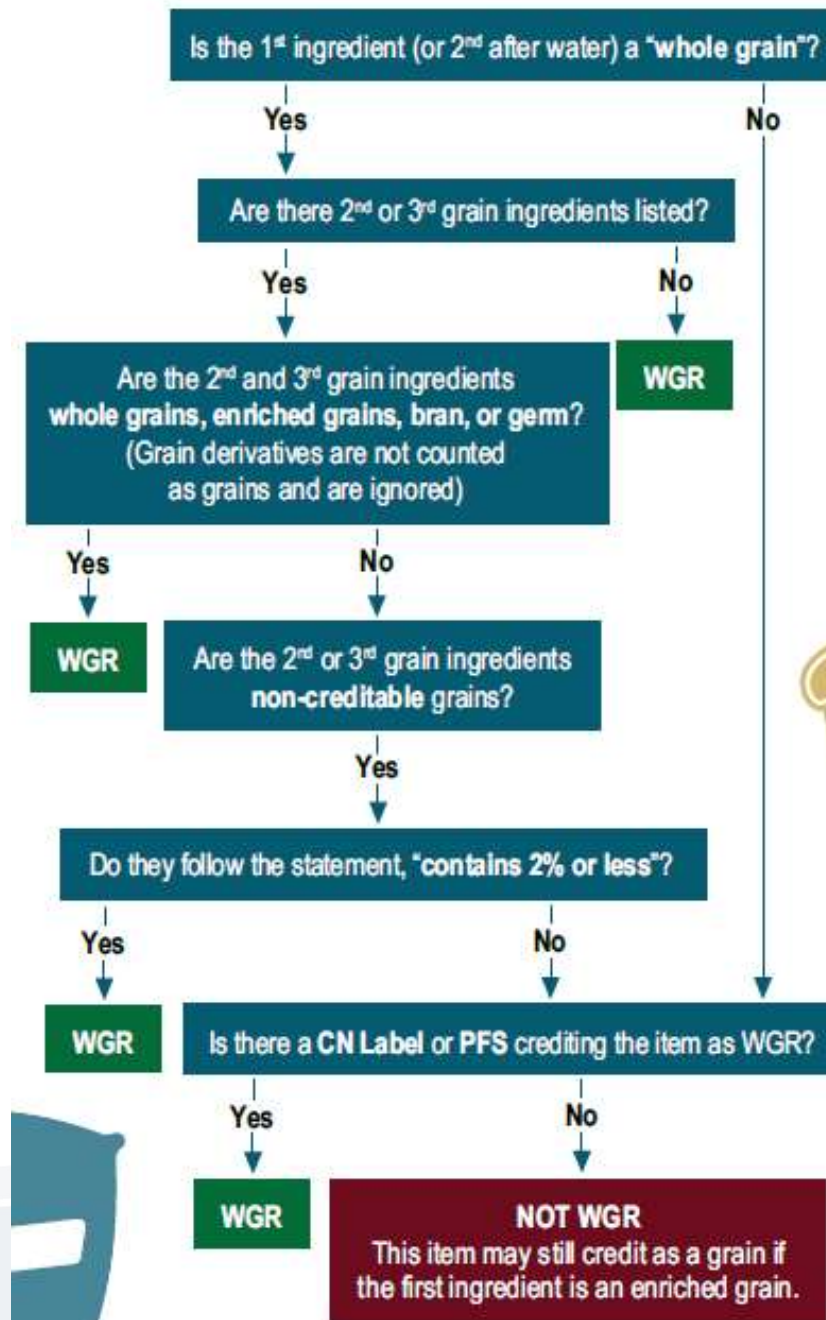
Thomas 100% Whole Wheat English Muffins

Not WGR- claim as an English Muffin

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, FARINA, WHEAT GLUTEN, YEAST, SALT, CALCIUM PROPIONATE AND SORBIC ACID (TO PRESERVE FRESHNESS), SUGAR, GRAIN VINEGAR, SODIUM STEAROYL LACTYLATE, NATURAL FLAVOR (CONTAINS MILK), MONO- AND DIGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, SOY LECITHIN, SOY, SUCRALOSE, WHEY. R21-047-200045

Rule of Three

Use the grains list at right when using this flowchart.



Rule of 3

Thomas 100% Whole Wheat Bagels

Not WGR- claim as an Enriched Bagel

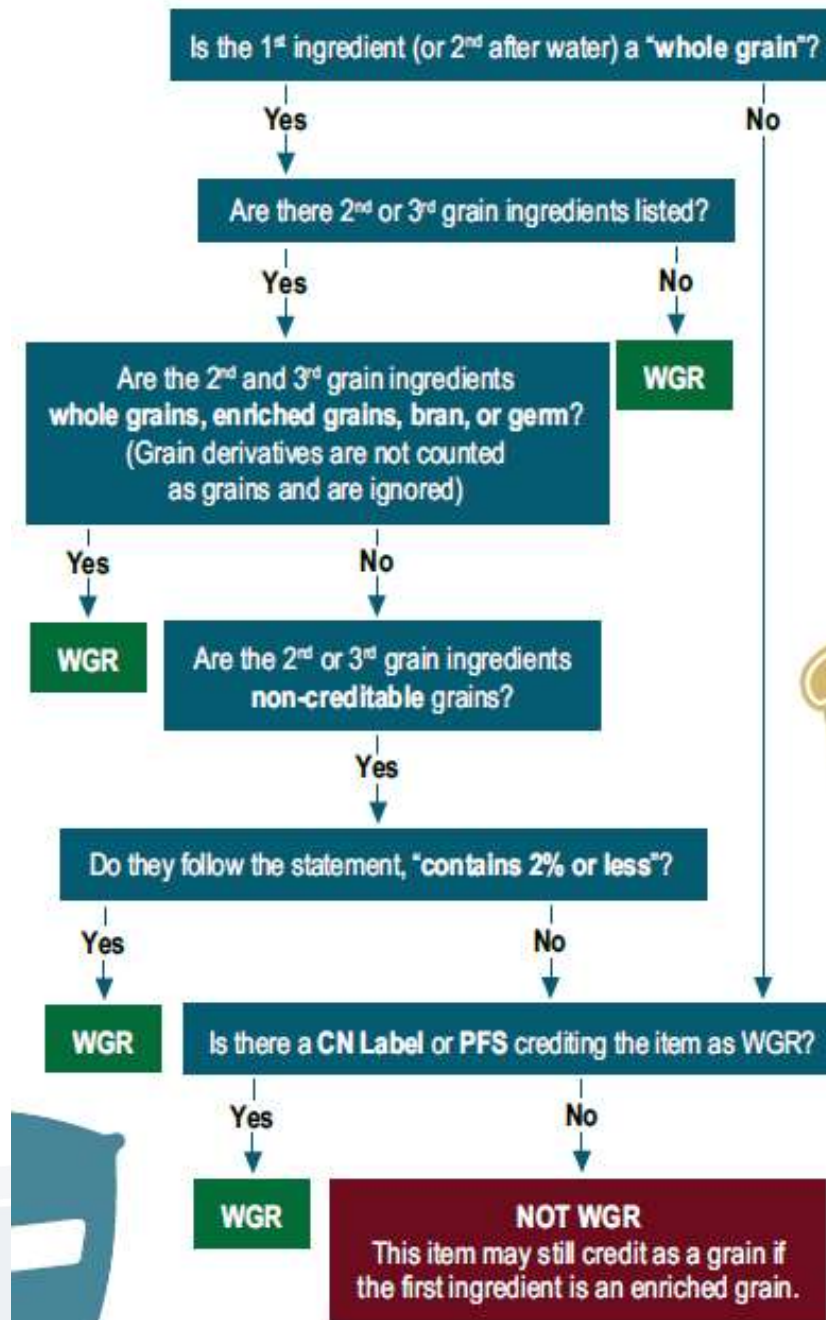
INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, WHEAT BRAN, CORNMEAL, SALT, CALCIUM PROPIONATE AND SORBIC ACID (TO PRESERVE FRESHNESS), MONOGLYCERIDES, DATEM, CITRIC ACID, GUAR GUM, MALTODEXTRIN, VEGETABLE OIL (SOYBEAN), CELLULOSE GUM, CORNSTARCH, SOY LECITHIN, SESAME SEEDS.

R22-021-300621



Rule of Three

Use the grains list at right when using this flowchart.



Whole Grain Examples

- Be aware of different flavors
- Make sure to have the full product name and ingredient label to review



INGREDIENTS: BROWN RICE FLOUR, SESAME SEEDS, POTATO STARCH, FLAX SEEDS, OLIVE OIL, AMARANTH SEEDS, QUINOA, SALT, TAMARI SOY SAUCE POWDER (TAMARI SOY SAUCE [SOYBEANS, SALT], MALTODEXTRIN, SALT).
CONTAINS: SESAME, SOY.



INGREDIENTS: BROWN RICE FLOUR, WHOLE GRAIN YELLOW CORNMEAL, POTATO STARCH, SESAME SEEDS, OLIVE OIL, CANE SUGAR, FLAX SEEDS, OAT FIBER, SEA SALT.
CONTAINS: SESAME.

Watch out for:

- The following words can not be used exclusively to identify whole grain rich items
 - Whole Grain
 - Made with Whole Grain
 - Made with Whole Wheat
 - Contains Whole Grains
 - Multi- Grain
- Most of the time, if you looked at the ingredients of products with these claims
 - the 1st grain ingredient is enriched flour.



Whole Grain Stamps

- Can not be used to determine if a food item is whole grain- rich in the CACFP





Serving Size for Popcorn

- Popcorn is creditable and considered a whole grain in the CACFP.
- It is considered a choking hazard for children under the age of 4.
- If you choose to serve it, please make sure you are preparing and serving an appropriate serving size.

1-5 year old	6-18 year old
Serve at least 1/2 oz eq which is about...	Serve at least 1 oz eq which is about...
1 1/2 cups or 14 g	3 cups or 28 g

Serving Size for Popcorn



1 ½ cups popcorn
(1-5 year old)

Serving Size for Popcorn



15 cups which is enough for 6 children ages 1-5 and 2 children ages 6-12.



12 cups which is enough for 8 children ages 1-5.

Standardized Recipe



Whole Grain Caterpillar Pancakes

Breakfast/Snack Crediting for Ages 3-5



Total Time

20 minutes



Serving Size

4 pancakes, 1/2 cup berries



Servings

8



Components

Grains, Fruit

Ingredients

- 1 cup 100% whole wheat pancake mix
- 1 cup unflavored milk
- 1 large egg
- 2 cups strawberries, chopped
- 2 cups blueberries, halved
- 1/2 bell pepper, sliced

Directions

1. Prepare 32 mini pancakes according to the instructions on the pancake mix box. Each mini pancake is 1 tbsp of pancake batter cooked.
2. Assemble 4 mini pancakes for the body of the caterpillar. Add 4 halved blueberries as "caterpillar feet." Place two slices of bell peppers on the head for the antennae and 2 halved blueberries for the eyes.
3. Place 1/2 cup mixed strawberries and berries on the plate as the caterpillar's food.

One serving provides 1 oz eq whole grains and 1/2 cup fruit.






Grain Based Desserts

Non-Creditable ~ Grain-Based Desserts (GBD)

- Biscotti, sweet with fruits, chocolate, icing
- Bread/breadstick with sweet filling (such as pie filling)
- Bread pudding
- Brownies
- Cakes (coffee cake, pound cake, cupcakes)
- Caramel popcorn and kettle corn
- Cereal bars, breakfast bars, marshmallow cereal treats
- Churros
- Cinnamon rolls
- Cookies
- Croissants, sweet (e.g., chocolate-filled)
- Crusts of dessert pies, cobblers, and fruit turnovers
- Danish pastries (Danishes), sweet pastries
- Doughnuts
- Fig or fruit bars/rolls/cookies
- Gingerbread
- Granola bars, grain-fruit bars
- Ice cream cones
- Pita chips, sweet (e.g., cinnamon-sugar flavored)
- Puppy chow
- Rice pudding
- Scones, sweet with fruits, chocolate, icing
- Sopapillas
- Sweet rolls/buns
- Toaster pastries (Pop-tarts ®)
- Vanilla wafers

Meal Service

- All are acceptable in Family Child Care
 - Reach out to your monitor if you need support with meal service.
- You could serve breakfast and lunch pre-plated and snacks family style
- Make sure all required components are all served at the same time.
 - Milk
 - Fruit
 - Alternative protein

<p>Pre-plated</p> 	<p>Staff put all components on the plate or into cups</p>	<p>Minimum serving size of each component, per the CACFP meal pattern, must be placed on plate and in cup</p>	<p>Have plates/cups prepared prior to participants being seated</p> <p>Use scoop sizes or measuring cups</p> <p>Provide staff with summary sheets of how much to serve (i.e., 3 apple slices)</p>
<p>Family Style Dining</p> 	<p>Common serving dishes of each component is placed on the table</p> <p>Participants serve themselves</p>	<p>Minimum serving size of each component, per the CACFP meal pattern, must be available for each participant seated at the table</p> <p>Encourage participants to take all components in the minimum serving size, but do not require</p>	<p>Place components/ common serving dishes on table prior to participants being seated</p> <p>Use age-appropriate size bowls, utensils, tables, chairs</p>
<p>Combination of Pre-plated and Family Style Dining</p> 	<p>These two meal services may be combined to better accommodate the participant's abilities, or the foods being served</p> <p>All meal components must be served:</p> <ul style="list-style-type: none"> • When foods are served pre-plated: Quantities placed on plates and in cups by staff must meet the minimum serving size • When foods are served family style: Quantities available in common serving dishes must provide the minimum serving size for each participant seated at the table 		

Food Safety



Chill: Refrigerate Promptly

- Keep your refrigerator at 40°F or below and your freezer at 0°F or below
- Refrigerate perishable food within 2 hours
 - Unless temperature is above 90°F then within 1 hour
- Thaw frozen food safely in the refrigerator, in cold water, or in the microwave



Food Waste

- Leftover food that was not served can be dated, refrigerated promptly and used within 36 hours or frozen immediately for use within 6 months.
- Think about portion sizes when preparing food



Break





Sample Menu

Strawberries (007) HM- Pancake/ Waffle- WG Milk (6)	(WG)	Apples (001) Animal Crackers (011)	Mixed Vegetables (177) Watermelon (063) Chicken; breasts, legs, thigh, whole, wings (042) Brown Rice (141) (WG) Milk (6)	Peas (185) Grapes (030) Cottage Cheese (168) Pretzels, Hard (175) Milk (6)
Grapes (030) Ready to Eat Cereal - Whole Grain; less than 6g of sugar per dry oz (007) Milk (6)	(WG)	Apples (001) Popcorn (027) (WG)	Peas (185) Bananas (004) Ham Lunchmeat- 100% Meat (048) Bread - Whole Grain (WG) (002) Milk (6)	Carrots (163) Cantaloupe (010) Cheese; soft (167) Pretzels, Hard (175) Milk (6)
Bananas (004) HM- Pancake/ Waffle- WG Milk (6)	(WG)	Cheese; soft (167) Ready to Eat Cereal - Whole Grain; less than 6g of sugar per dry oz (007)	(WG)	Carrots (163) Apples (001) Yogurt; Less than 23g of sugar per 6 oz serving (255) Pretzels, Hard (175) Milk (6)



Review of Foods On-hand

- On Menu:

- HM Pancakes/Waffles (WG)
- Brown Rice (WG)
- Ready (WG) Cereal
- Popcorn (WG)
- Bread (WG)
- Yogurt
- Cheese
- Lunch Meat

From DPI guidance for monitors:
Looking at save packaging alone
cannot replace looking at actual food
in storage during the home visit.

- **1st Occurrence:**
Do not disallow meals; follow up at next HV to check for foods on-hand for those items if provider is still serving them.
- **2nd Occurrence:**
Not required to disallow meals; require provider to submit packaging (or photo) from next purchase of food not on-hand.
- **3rd Occurrence:**
Monitor **should** disallow meals serving items without foods or packaging saved from latest purchase on-hand back to 1st of current month.



Home Visit Summary Example

Home Visit Summary:

Thank you so much for taking the time to complete a home visit review with me. Please contact your monitor, Jill Johnson with any questions at 715-450-0872 or jill.johnson@wdeoc.org.

There were no discrepancies found during your home visit today! Thank you for maintaining accurate records.

Please send your monitor the following:

Reminders:

*Please put planned closure dates in your KidKare calendar.

Findings/ Corrective Action:

TA/ Resources:

Disallows:

Policy Reminder

- Findings/Occurrences
- If it is determined that you are not following any part of the CACFP Agreement, this will be noted as a “finding”. (For example, records not up-to-date, meal pattern not met, not available for home visits).
- If repeat findings are determined within the same 24-month period, there will be escalated consequences based on the frequency of occurrence:

1 st Occurrence	2 nd Occurrence	3 rd Occurrence	4 th Occurrence
Finding will be recorded. Meals/snacks will be deducted if applicable	Finding will be recorded. Meals/snacks will be deducted if applicable. A letter will be sent from the CACFP Manager to the provider informing him/her that this is the 2 nd occurrence and reminding them of the CCP CACFP policies	Finding will be recorded. Meals/snacks will be deducted if applicable. A letter and Improvement Plan will be sent from the CACFP Manager. The Improvement Plan is to be signed and returned to CCP CACFP. IF the provider does not remain in compliance with the Improvement Plan, they may be declared as “Seriously Deficient”	Finding will be recorded. Meals/snacks will be deducted if applicable. A Provider may be declared “Seriously Deficient” in the CACFP. A corrective action plan is not adhered to, and the “Serious Deficiency” has not been corrected, permanent termination from the CACFP can occur and the Provider will be placed on the National Disqualification List.



Home Visits Review Form Reminders

- You will no longer be asked to sign your review form while we are present in your home.
- You will receive an email when your review is submitted and ready signed, typically within 48 hours of your home visit.
- Your monitor will send a text message when your review is ready, please review and sign in within 24 hours.
- If you noticed an error, please do not sign but let your monitor know and we will fix the error and resend to you.
- This allow for accuracy and the details that DPI requires us to have in reviews.



Infant- Breakfast, Lunch, Supper

Birth through 5 months	4-6 fluid ounces breastmilk, iron fortified infant formula, or portions of both
6 through 11 months	<p>6-8 fluid ounces breastmilk, iron fortified infant formula, or portions of both</p> <p><i>And, when developmentally ready, one or more items from the following:</i></p> <p>0-½ oz eq (0-4 tablespoons) iron fortified infant cereal (IFIC)*; OR 0-4 tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas); OR 0-2 ounces of cheese; OR 0-4 ounces (volume) of cottage cheese or yogurt (regular and soy); OR 0-4 tablespoons commercially prepared tofu</p> <p>AND</p> <p>0-2 tablespoons vegetable, fruit, or a combination of both (<i>no juice</i>)</p>

**Grain items (i.e., bread, pancakes, waffles, breakfast cereal, etc.) are not creditable foods at breakfast, lunch, and supper in the infant meal pattern. They cannot be served in place of IFIC. IFIC or a meat/meat alternate must be served.*

Infants- Snack

Birth through 5 months	4-6 fluid ounces breastmilk, iron fortified infant formula, or portions of both
6 through 11 months	<p>2-4 fluid ounces breastmilk, iron fortified infant formula, or portions of both</p> <p><i>And, when developmentally ready, one or more items from the following:</i></p> <p>0-½ oz eq bread/bread-like items**; OR</p> <p>0- ¼ oz eq crackers; OR</p> <p>0-½ oz eq (0-4 tablespoons) iron fortified infant cereal (IFIC); OR</p> <p>0- ¼ oz eq ready-to-eat breakfast cereal</p> <p>AND</p> <p>0-2 tablespoons vegetable, fruit, or a combination of both (<i>no juice</i>)</p>

- Bread like items includes Biscuit, Roll, Muffin, English Muffin, Pancake, Soft Tortilla, Waffle, ect.



Infants

- Infants do not eat on a strict meal schedule. Instead, infants should be fed during a span of time that is consistent with the infant's eating habits.
- Make sure if you keep written documentation of your menus and meal counts that infants are included in that as well.
- Remember that you need to offer to provide one type of infant formula.



Menu Comments

- Menu Comments
 - Infant- Once a month update to what that child is eating
 - If you put a closure date in KidKare and then were open for business
- What we don't need to know
 - Extras served
 - Changes in children's schedule



Special Diets- All children

- If you have a child on a special diet:
 - Have a discussion with the family:
 - What the child can't have
 - why they can't have it
 - what they replace it with home
 - Use this to guide your discussion about the replacement at child care
 - Is it creditable and where to purchase it
 - Make sure the child's enrollment form says special diet
 - If you need to change this after the enrollment form has been generated, please cross out the incorrect info, add the correct info and initial the change by both the provider and family
 - Send the updated enrollment to your monitor.
 - Double check this during re-enrollments

DPI Form for Special Diets

- Make sure this form is completed fully.
- What food(s) needs to be omitted and why?
- What is the replacement?
- If forms are not complete, they will be returned, and you will not be reimbursed for that child until it is complete.

PART 1: GENERAL INFORMATION			
First and Last Name		Date of Birth	
Name of Center/Care Provider			
Name of Parent/Guardian		Telephone Number	
PART 2: ACCOMMODATIONS			
1. How does the participant's physical or mental impairment restrict their diet?			
2. What food(s)/type(s) of food must be omitted? Please be specific.			
3. List foods to be substituted. (Avoid specific brand names, if possible).			
4. Additional comments (i.e., other specified accommodations needed).			
Texture Modification (Complete if needed)			
<input type="checkbox"/> Pureed	<input type="checkbox"/> Ground	<input type="checkbox"/> Bite-Size Pieces	<input type="checkbox"/> Other (specify):
PART 3: SIGNATURE			
State Licensed Healthcare Professional's Name		Title: <input type="checkbox"/> Physician <input type="checkbox"/> Optometrist <input type="checkbox"/> Nurse Practitioner (APNP) <input type="checkbox"/> Physician Assistant <input type="checkbox"/> Podiatrist <input type="checkbox"/> Dentist	
Signature of State Licensed Healthcare Professional		Date Signed	
Medical Office Name and Address		Phone Number	

Home Visits

- If there are special directions, be sure to let your monitor know:
 - A door to use,
 - pets,
 - if GPS does not take us to the correct location
- Home visits can be conducted anytime during your regular licensed or certified hours.



Away from your Program

- If you have a planned closure, put it in your KidKare calendar as soon as possible
- If you have an unexpected closure (illness)- Please text your monitor
- If you will be on a field trip or away from your home- Please text your monitor





Record Keeping Requirements

- 3 years of CACFP records plus the current year must be maintained
- Electronic records are permitted as long as they can be easily accessed.
 - Copy of non-expiring Agreement between Sponsoring Organization and Day Care Home (PI-1425)
 - Copies of CACFP Child Enrollment Forms and a copy of the annual Child re-enrollment packet
 - Diet Statements for children unable to follow the CACFP meal pattern
 - Sponsor Home Visit Review Forms- available in KidKare
 - Menu and Meal Count Records through the previous day
 - Child Care Attendance Forms up to and including the current day
 - Enrollment forms



Enrollments

- Please send them to your monitor through messages in KidKare or in the mail to the office
 - Enrollments will not be accepted when sent in email or as a text message
- Please make sure you retain a copy for your records and are easily accessible during a home visit.
- Enrollments must be received by the Western Dairyland CACFP office by the 4th business day of the month. If an enrollment is not received on time, you will not be reimbursed for meals served to that child.
- Make sure you note which component of an infant's meal you are providing
- Complete school information (time in and out) for school age children
- Parent signature is required



Re- Enrollments

- All children must be re-enrolled annually; the re-enrollment report will be sent to you in early September each year and must be returned to our office by September 30th.
- Please make sure to update any information that has changed
- Please make a copy for your records
- Must be mailed back to the office or scanned and sent via KidKare Messages



Communication

- Phone Call, Text or Email
 - Unexpected Closure
 - Questions about products, special diets, ect.
 - Updating Direct Deposit or payment questions
- KidKare
 - Enrollments
 - Special Diet Documentation
 - Tiering Documentation



How to send your paperwork

- Electronically
 - Scan and send in KidKare Messages
 - Please double check that it is clear
- Paper Copies
 - Mail or Fax to the office
 - Please add Attention: CACFP or your Monitor's name when mailing items.



Questions

- We love to hear from you!
- Please feel free to call our cell phones, text our cell phones or email us at any time.
- Please allow us 48 hours to respond and follow any out of office message directions.



Claims

- Claims must be submitted by the 4:30 pm on the 4th business day of the month.
- Pay Attention to any pop-up messages when submitted your claim.
- You can submit your claim with a pending child
 - Make sure you have sent the child's enrollment form.

Reimbursement System

- The date may vary depending upon when Child Care Partnership CACFP receives reimbursement funds from the government.
- You are notified of the date of reimbursement through our Facebook group or in KidKare.
- No reimbursement will be made for children who do not have a signed enrollment form on file.



Tiering

Eligibility by Type: Day Care Homes (Tier I)



Meet income standards for provider's own household income.

OR



In an area serving elementary students which at least 50% of total number of children are eligible to receive reduced priced meals based on school applications or qualify community eligibility.

OR

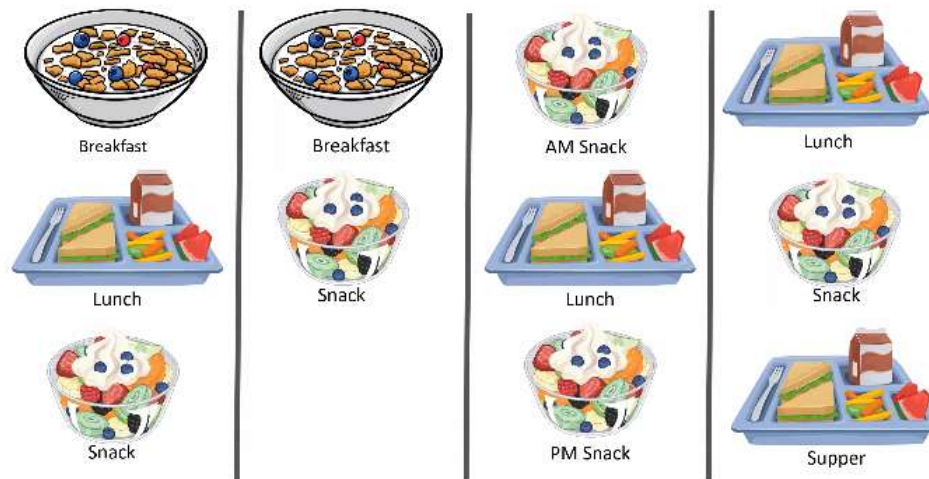


Located in a geographic area, as defined by FNS based on census data, in which at least 50% of the children residing in the area are members of households which meet the income standards for 185% of the poverty level.

- All tiering questions and paperwork should be submitted to our Tiering Specialist- Miriam.
- Please remember if you are sharing income forms to qualify as a mixed tier home, all families must be given the income form.
- Some schools that have qualified for years no longer qualify.

- The CACFP will reimburse providers for 2 meals and 1 snack or 2 snacks and 1 meal per day
- Remember that Kid Kare will calculate the amount of non-reimbursed meals

Meal Type Combinations: Examples



Advocacy

Senate Bill



Child Care Nutrition Enhancement Act (Senate)

- Increase reimbursement by 10 cents for all meals and snacks
- Eliminates tiering
- Ensures a family child care provider can claim reimbursement for their own child
- Changes CPI to “Away from Home” for family homes

House Bills



Child Care Nutrition Enhancement Act (House)

- Increase reimbursement by 10 cents for all meals and snacks
- Eliminates tiering
- Ensures a family child care provider can claim reimbursement for their own child



Early Childhood Nutrition Improvement Act of 2023

- Adds reimbursement for an additional meal or snack
- Changes CPI to “Away from Home” for family homes
- Simplifies reporting for for-profit centers
- Calls on the Secretary to review the Serious Deficiency Process
- Establishes advisory committee on CACFP Paperwork

Partner Bills



cacfp.org



Early Childhood Nutrition Improvement Act of 2023 was introduced in the Senate on March 20, 2024, by Senator Bob Casey of Pennsylvania.



Changes to License or Certification

- If you have a change in regulation, our office must receive a copy in order to continue reimbursement of your claims.
 - ages served
 - hours
 - day of the week
 - renewal
- If the updates to your license include different hours that require more meals to be served or more days of the week, you must submit a request to our office for approval of these for reimbursement. These changes will only take effect once the request has been made and copy of the regulation is received.
- If for any reason you determine that you will no longer be providing child care or will have an extended closure, please notify our office as soon as possible.
- Our monitors will make every attempt to remind providers of this, however please note it is the responsibility of the provider to submit this information.



Exceptions with your License

- When these are granted by your licensing specialist, we need you to communicate that with us.
- With capacity changes, we need to be made aware so we can make a manual adjustment to your claim.

Attendance Records



DEPARTMENT OF CHILDREN AND FAMILIES
Division of Early Care and Education

STATES OF WISCONSIN

Daily Attendance Record - Licensed Child Care Centers

Use of Form: Licensed Family Child Care Centers are required to complete Section A and Section B in order to comply with DCF 205.04(4)(g). Section C may be completed to ensure compliance with DCF 205.04(4)(g) unless the center is exempt from record keeping or a nonattendance exemption. The form may be used by Licensed Child Care Centers to ensure compliance with DCF 205.04(4)(g) and 205.04(4)(b) by Day Care for Children to ensure compliance with DCF 205.04(4)(c) and 205.04(4)(d), and by certified providers to ensure compliance with DCF 205.04(4)(c) and 205.04(4)(d). Personal information (see instructions) may be added for regulatory purposes (Part 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100).

Instructions: The daily attendance record must be kept on file for the length of time the child is enrolled in the center for licensed centers and for at least 3 years for certified providers. Attendance records shall include all children in care, including the center's provider's own children under age 7, who are required under Wis. Stat. 48.05(4)(b) to retain attendance records for at least 3 years after the child's last day of attendance.

SECTION A - Facility and Teachers:

Name of Facility: _____ Facility ID Number: _____ (Mark of provider(s) through (provider(s)))

SECTION B - Daily Attendance Record: Enter the child's full name and date of birth for each child in attendance during the week. In the space corresponding to the child's name, record the actual time the child arrives and the actual time the child departs, using a.m. / p.m. designations (do not record this information in red ink). Times must be recorded immediately upon the child's arrival and departure, and the record must reflect all children in care at any given time. It is recommended that providers have the parents review this form for accuracy at the end of the week and sign the form as verification that it is correct.

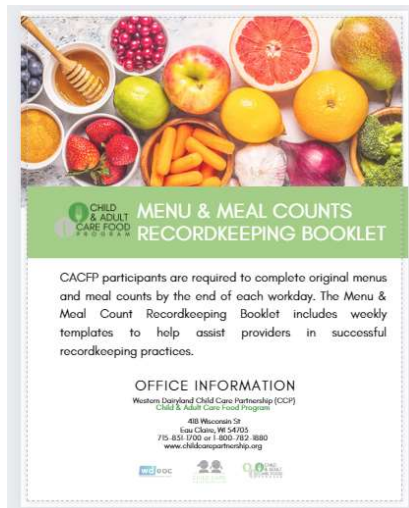
Name - Child (Print and Last)	Date of Birth	Arrival		Departure		Attendance		Absence		Parent Sign Off (Signature)
		in	out	in	out	in	out	in	out	
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										

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- Make sure your attendance records are up to date
- Remember your attendance records can not be used as meal counts
- Order an attendance book on our Child Care Partnership website.

Menus and Meal Counts

- Menus and meal counts must be recorded by the end of the day either in KidKare or on Paper
- Menu books
 - Can be purchased on Child Care Partnership website.



SAMPLE WRITTEN MENU & MEAL COUNTS WEEK OF: September 16th - September 22nd REMINDER: Specify which program you are using

	Mon	Tue	Wed	Thu	Fri
Breakfast	Milk W/L Pancakes Strawberries	Milk W/L Pancakes Strawberries	Milk W/L Pancakes Strawberries	Milk W/L Pancakes Strawberries	Milk W/L Pancakes Strawberries
AM Snack	Water Cheese Cakes Apple Slices	Water Greek Yogurt Dip Peach Compote	Water W/L Crackers Oranges	Water Cottage Cheese Bananas	Water W/L Roll Milk
Lunch	Milk W/L Roll Baked Ham Sweet Potatoes Steamed Broccoli	Milk Mac & Cheese Chicken Breast Green Beans Mashed Potatoes	Milk W/L Spaghetti Ground Beef w/ red sauce Rice Flavorless	Milk Pasta Cooked Fish Coleslaw Coleslaw	Milk Pasta Cooked Fish Coleslaw Coleslaw
PM Snack or Dinner	Water Honey Butter Candy Slices	Water Honey Apple Slices	Water Greek Yogurt Dip Strawberries	Water Honey Strawberries	Water Honey Strawberries

INFANTS/CHILDREN MENU & MEAL COUNTS WEEK OF: _____ REMINDER: Specify which program you are using


	Mon	Tue	Wed	Thu	Fri
Breakfast					
AM Snack					
Lunch					
PM Snack or Dinner					

- Building for the Future
- WIC Eligibility (202-2026)
 - Make sure you have both of these items posted or have shared them with all the families in your program.
- Non-Discrimination Statement in your policy book.

Good nutrition today means a stronger tomorrow!

Building for the Future

with
CACFP



This program receives support from the Child and Adult Care Food Program to serve healthy meals to your children.

Meals served here must meet USDA's nutrition standards.


Questions? Concerns?

Participating Agency Contact Information	State Agency Contact Information
<p>Allen County, CACFP Manager Renee Eversing, Director Western Delaware Child & Adult Care Food Program Western Delaware, Child Care Partnership 414 W. Delaware St. Eau Claire, WI 54601 1-252-841-7700 ext. 3 or 1-800-362-5880</p>	<p>Arkansas Center, RCN, CO, Director Community Nutrition Programs Wisconsin Department of Public Instruction P.O. Box 7845 Madison, WI 53707-7845 608-261-7419</p>

Learn more about CACFP at USDA's website:
<https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program>

USDA is an equal opportunity provider, employer and lender.
 United States Department of Agriculture
 Food and Nutrition Service FNS-317

November 2019

 Wisconsin NICW Program
Information & Income Eligibility Guidelines

Purpose: The Social Supplemental Nutrition Program for Women, Infants, and Children (NICW) is a nutrition grant for pregnant women, infants, women who are breastfeeding, postpartum women, and children younger than 5. NICW provides nutritional education, breastfeeding education and support, supplemental nutritious foods, and connects clients to other community services.

Wisconsin families have to do a few things and pay the kids, and NICW is there to help. Health benefits of NICW have been proven to last longer, live healthier, and get more medical expenses.

Who's Eligible for WIC?

To qualify for WIC benefits in Wisconsin, a person must:

- Live in Wisconsin
- Meet the income guidelines (based on the state average)
- Have a health care or nutrition goal. A nutrition assessment will be completed at the WIC clinic.
- Have a health care, breastfeeding, baby under 1 year of age or had a baby or was pregnant in the past 6 months, be a baby under 1 year, or be a child younger than 5.
- A person may qualify if someone in their family is receiving WIC FoodShare, FoodBank, Food Cup, Wisconsin Works Program (W2), Temporary Assistance to Needy Families (TANF), or Food Care Assistance Program or Indian Food Program.
- Foster children, Kinship Care participants under age 5, and pregnant foster teens are eligible for WIC.

Benefits Received by WIC Clients

All participants receive:

- Screening for nutrition and health needs
- Information on how to use WIC foods to improve health
- Benefits to help boost their child's ability to learn, their ability to thrive and strong
- Referrals to doctors, dentists, parent, teen, FoodBank, Medical, BadgerCare Plus, W-2, Head Start

Women receive:

- WIC.SNAP/BitNet/www.wisconsin.gov/wic/appeal-of-choice.html
- Information on healthy eating during pregnancy and breastfeeding
- Help with starting or continuing breastfeeding

Infants receive:

- Help with starting or continuing breastfeeding
- Infant formula, if needed
- Immunization referrals

Pregnant/Childcare receive information on taking care of babies

Child care receive:

- WIC.SNAP/BitNet/www.wisconsin.gov/wic/appeal-of-choice.html
- Immunization referrals
- Pregnancy/childcare receive information on food shopping, recipes, and feeding your child

Get WIC Online: www.wisconsin.gov/wic/getting-help.html

For other health information and referral services contact WAB Regional Center: Call 800-442-7837, or visit www.wisconsin.gov/wic (https://webdca.org/)

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[illegible]

Facebook Group and CCP Website



- Private Group
- Important Updates
- Pay Dates
- Ideas to try

- Check out the CCP website. We have updated the resources on the left side.



[ABOUT](#) ▪ [DONATE](#) ▪ [CONTACT](#)

SEARCH OUR WEBSITE 🔍

FIND CHILD CARE

CLASSES & EVENTS

PARENTS

PROVIDERS

COMMUNITIES

FAMILY RESOURCES



Annual Training 2025-2026

- We will be following the same format again next year.
- At least 4 options starting in October, dates will be released at least a month prior to the training.
- If you have suggestions of topics you would enjoy learning more about, please share them with your monitor.
- We will be using the Wisconsin Registry for registration and to provide continuing education certificates
- Please take a minute to create a free account with the Wisconsin Registry
- If you have question or concerns about this, please ask your monitor or call the Wisconsin Registry.





Evaluation

- Please take a minute to provide us with some feedback our annual training sessions
- We appreciate any feedback
- Click the link or scan the QR Code





Questions?